

# EXTRACURRICULAR ACTIVITIES CHART

**Goal: Show colleges and universities how unique you are!**

**Directions:** Fill in this table throughout your time in high school. You can start filling this out as early as your freshman year!

<p><b>Examples of activities you might want to include:</b></p>	<ul style="list-style-type: none"> <li>● Academic Clubs or teams</li> <li>● Academic competitive teams</li> <li>● Activism</li> <li>● Affinity groups</li> <li>● Art</li> <li>● Clubs</li> <li>● Family responsibilities</li> <li>● Hobbies</li> <li>● Work</li> </ul>	<ul style="list-style-type: none"> <li>● Honor society</li> <li>● Leadership</li> <li>● Military</li> <li>● Other experiences that might be meaningful to you</li> <li>● Religious</li> <li>● Special interests</li> <li>● Sports and recreation</li> <li>● Volunteer work</li> </ul>
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Category	Activity Title	Dates From-To	Hours per week/month	Total Hours	Responsibility/Accomplishment

